

ETHIRAJ COLLEGE FOR WOMEN (Autonomous)

Chennai – 600 008

Affiliated to the University of Madras

College with Potential for Excellence

Reaccredited with A Grade by NAAC



ORIENTATION PROGRAMMES

ETHIRAJ COLLEGE FOR WOMEN

I UG ORIENTATION PROGRAMME 2020-2021

S. Kotani

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CHENNAI-600 008.

DAY 1 – 02.09.2020

TIME	EVENT
10.00 AM - 10.05 AM	THAMIZH THAI VAZHTHU
10:05 AM -10:10 AM	INTRODUCTION TO ORIENTATION PROGRAM
10.10 AM - 10.30 AM	PRINCIPAL'S ADDRESS TO THE FIRST YEAR STUDENTS/PARENTS
	COLLEGE SONG
10.30 AM - 11.30 AM	DEPARTMENT WISE MEETING WITH THE STUDENTS

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DAY 2 – 03.09.2020

TIME	EVENT
10.00 AM - 10.15 AM	PRESENTATION BY CONTROLLER OF EXAMINATIONS
10:15 AM - 10.30 AM	PRESENTATION ON NON MAJOR ELECTIVE AND CERTIFICATE COURSES
10:30 AM - 11.15 AM	PRESENTATION ON AMERICAN TRANSFER PROGRAMME BY CONCORDIA UNIVERSITY
11.15 AM - 11.35 AM	NATIONAL CADET CORPS
11.35 AM - 11:50 AM	ROTARACT CLUB
11.50 AM - 12 NOON	RED RIBBON CLUB
12 NOON - 12:10 PM	CSS
12:10 PM- 12:30 PM	SPORTS
	COLLEGE SONG

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DAY 3 – 04.09.2020

TIME	EVENT
10:00 AM - 10:30 AM	ONLINE SAFETY- DR. LATHA SUBRAMANIAN, ASSISTANT PROFESSOR, DEPARTMENT OF CRIMINOLOGY, UNIVERSITY OF MADRAS, CHENNAI.
10:30 AM - 11.00 AM	WOMEN HEALTH- DR. N. NIKATH NASREEN, CONSULTANT OBSTETRICIAN AND GYNAECOLOGIST, APOLLO HOSPITALS, CHENNAI.
11.00 AM - 11.10 AM	E-CELL
11.10 AM - 11.20 AM	ENACTUS
11.20 AM - 11.30 AM	ETHI-SHAKTHI STUDENTS LEAGUE
11.30 AM - 11:40 AM	COLLEGE CLUBS
11:40 AM - 12 NOON	PLACEMENT CELL
12 NOON- 12.30 PM	CMA PRESENTATION – MICHEAL WAGNER, VICE PRESIDENT, MILES EDUCATION
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DAY 4 – 07.09.2020

TIME	EVENT
10.00 AM - 10.30 AM	MOTIVATIONAL SPEECH - DR. LATHA LAKSHMINARAYAN, CHILD COUNCELLOR AND JOURNALIST, CHENNAI.
10:30 AM - 11.00 AM	LIBRARY RESOURCES
11.00 AM - 11.15 AM	WOMEN STUDIES
11.15 AM - 11.25 AM	CONSUMER CLUB
11.25 AM - 11.35 AM	NATIONAL SERVICE SCHEME
11:35 AM - 11:45 AM	YOUTH RED CROSS
11.45 AM - 12 NOON	COLLEGE COUNSELLOR
	COLLEGE SONG

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DAY 5 – 08.09.2020

TIME	EVENT
10.00 AM - 10.30 AM	FITNESS - MS. SHINY SURENDRAN, SPORTS, FITNESS AND PREVENTIVE HEALTH NUTRITIONIST
10:30 AM - 11.00 AM	WOMEN ENTREPRENEURSHIP- DR. SOWMINI KUMARAN, FOUNDER, PROTEOGENIE BIOTECH LLP, CHENNAI.
11.00 AM - 11.15 AM	PRESENTATION ON ECRIC
11.15 AM - 11.30 AM	PRESENTATION ON LMS
11.30 AM - 12:30 PM	ACCA PRESENTATION FOR HUMANITIES AND COMMERCE - MR. NARAYANAN NAMBIYAR, FOUNDER, GLOBAL FTI, MR.SHEKAR, PRINCIPAL, GLOBAL FTI, MS. KAVYA, FCCA AND MR. B. SARAVAN KUMAR, HEAD, SOUTH INDIA, ACCA GLOBAL
	COLLEGE SONG

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Undergraduate (II and II yr) **Orientation programme for the academic year 2020-21**

Tentative Schedule

Date	Time	Programme
26.09.2020	10:00 am-10:30 am	Address to the Students Dr. Mrs. S. Kothai, Principal and Secretary, Ethiraj College for Women
	10:30 am -11:15 am	ECRIC-Research at Ethiraj College Dr. Mrs. S. Uma Gowrie, Dean of Research (Aided) Ethiraj College for Women
	11: 15 am – 11: 45 am	Career opportunities Ms. Gomathy, Placement officer, Ethiraj College for Women
	11:45 am – 12 noon	Interaction with Students Student Counsellor, Ethiraj College for Women
	12 noon – 12:15 pm	Utilising resources at Library Dr. Premila, Librarian, Ethiraj College for Women
	12:15 pm – 12: 45 pm	Presentation on LMS Dr. Latha Kumari IQAC, Ethiraj College for Women

Orientation Program for II & III UG and II PG

Orientation prepares the students to meet the challenges of collegiate academics.

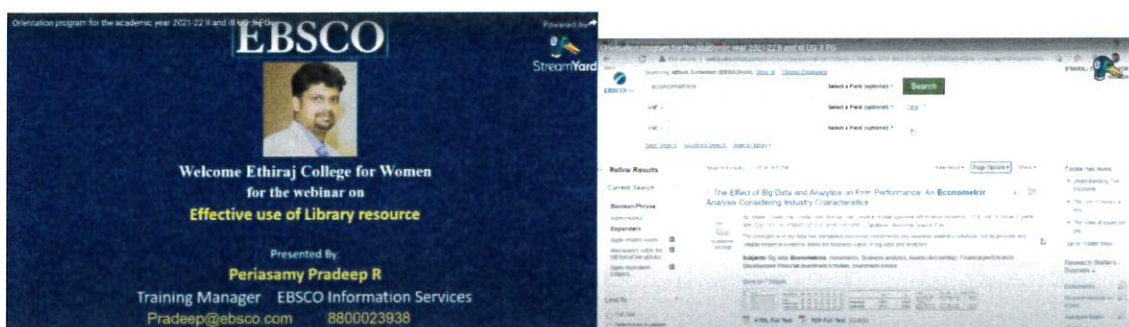
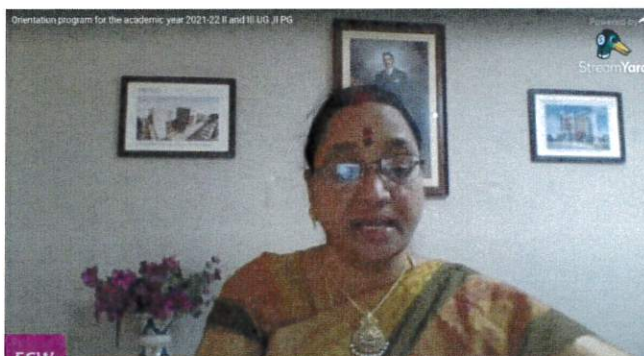
The orientation program for II & III UG and II PG students ,was a five day event from 12th to 16 th July 2021.

The first day(12.7.21) of the Orientation program commenced with the Address by the Principal Dr.Kothai who highlighted multifarious activities and academic achievements of the college.The second speaker was Mr.Periasamy Pradeep ,Training manager EBSCO information services who delivered a lecture on the “Effective use of library resources”. There were two lectures on the Second day(13.7.21), the first speaker was Dr.Jayanthi Rani Assistant Professor Department of Psychology Ethiraj College for Women who presented a lecture on the topic “ Adapting to Life-Post Pandemic” which is the need of the hour.Next in line was the presentation by

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Ms.Mathuranjali.M ,Assistant Professor ,Department of English, Ethiraj College for Women on “Effective articulation for professional communication”.



The next two days(14.7.21 & 15.7.21) were handled by the Placement officer Ms.Gomathy.S,who Addressed the students on the topics -Placement Orientation & Online Course & Get ready for career & Process of Placement drive.There was an interactive session with the placement officer on both the days.

The final day of orientation started with the lecture by “Know your Rights” By Ms.Nithya.R,Assistant Professor &Head ,PG Department of Human Rights and duties Education.

This was followed by a talk on “Rejuvenation of Body, mind and soul” by Dr.Uma Devi,Directress of Physical Education. The Orientation program provided a holistic experience to the students.

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REPORT ON ORIENTATION PROGRAMME (2018-2019)

The Orientation Programme for the freshers was conducted by the Department of Nutrition, FSM and Dietetics for the academic year 2018-2019 between 20th June and 26th June 2018.

The programme began with a welcome address by the Principal Dr. Mrs. S. Bhuvaneshwari. She also introduced the Heads of Department of the various academic programs and head of various co-curricular activities. The freshers were addressed by the Controller of Examination Dr. R. Hemalatha who introduced the pattern of various courses and examination patterns. This was followed by cultural programmes from the senior students of the college.

On the second day, we had an interactive session on "Life Skills" by Mr. S. Chandrasekaran, Corporate Trainer, Sundaram Learning. The students were lead through a self evaluation process to understand the need of marketing their talents. The session was followed by the Librarian Mrs. Premila Taiman, who oriented the freshers on the facilities available in the college library and instruction for using the library facilities. The placement officer, Mrs. Gomathy addressed the freshers on the placement details and campus drive. Mr. Nambiar gave a brief explanation on ACCA for the business studies students. It was followed by the presentation on CMA courses by Ms. Jayashree.

On 22 June 2018, Mrs. Caroling, Associate Professor, Department of Chemistry briefed the students on the Non Major Elective and choices available for choosing the same. Further Dr. Ramesh Prabha, Chairman, Galaxy Group of Companies addressed the student fraternity on Career Counselling and opportunities available for various disciplines. Mr. Ninan Thomas, Director, Concordia College, New York, India Office gave an introduction on the academic program being jointly conducted by Ethiraj College for Women, Chennai and Concordia College, New York in various discipline.

Dr. Deepa Thangamani, Consultant Obstetrician and Gynaecologist addressed the students on the fourth day on issues related to women's health and hygiene and women abused in the society. She also stressed on the importance of menstrual hygiene. The next session was taken over by language professors who guided the students through the process of selection of their second language.

On the final day of the orientation programme, Dr. R. Pazhani, Consultant Neurologist provided valuable insights on the importance of sleep, healthy sleeping patterns and practices to improve memory. This was followed by the motivational speech by Dr. Sabiha Sultana, Consultant Neuropsychologist on the topic "Are you ready?". She emphasized on the importance of overcoming obstacles to excel in life.

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This program followed by the presentation of various extension and extra-curricular activities namely NSS, NCC, YRC, E-Cell, Women Studies, Rotaract and Sports.

The program concluded with the student fraternity thanking the guests for their valuable inputs and motivational talk. They also thanked the management, teaching and supporting staff for organizing and exposing the students on various aspects of education and life skills.

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ORIENTATION PROGRAMME 2017-18

REPORT

The Orientation Programme for the academic year 2017-18 was jointly organised by the Department of Mathematics (Aided) and the IQAC of the College from 19th to 23rd June. *Mr.J.S Anbu, Former Executive Director, Christian Institute of Management* gave a motivational talk. *Dr.Kannan Greesh M.B.B.S.,M.D. (Psychiatry), Consultant Psychiatrist, Psychotherapist, Counselor-Director-Padma Clinic & Nursing Home , Kilpauk Medical College ,Chennai,* addressed the students on Stress Management. *Dr.C.Sylendra Babu, IPS , Additional Director of Police, Tamil Nadu,* spoke about Success Strategies and gave tips to students to face an interview. He also motivated the students to become IAS and IPS officers. *Dr.Raghunathan , M. D. General Medicine , Professor of Medicine, Madras Medical College & Physician, Rajiv Gandhi Govt. General Hospital,Chennai – 3.* spoke about general health care of adolescent girls. *Dr.Balasubramanyam MSc., M.Phil., PhD., Dean of Research Studies & Senior Scientist , Madras Diabetes Research Foundation, Chennai,* India gave an informative speech on Diabetics related problems and effective measures to prevent them. The overall feedback from the students was that the sessions were interesting, inspiring and informative.

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