

INTERNATIONAL YOGA DAY

Date:21/06/2019

Number of Participants:250

In Association with the International Yoga Day on 21st June 2019, the NCC Cadets of Ethiraj College for Women took part in an event conducted at KRM Public School, Perambur. They practiced different kinds of aasanas, and promoted the significance of doing yoga to lead a healthy life. Major Kalaivany, Administrative officer of 1 TN Girls BN NCC was one of the chief guests. She addressed the gathering about the importance of yoga in daily life.

World Yoga Day is celebrated internationally with a unique theme every year. This year's International Yoga Day will be celebrated on digital media platforms owing to the Covid-19 pandemic. The government has restricted any mass gatherings or public celebrations for International Yoga Day 2020. This year's theme will be 'Yoga at Home and Yoga with Family'. The cadets as instructed performed different Yoga Asanas virtually.





S. Mother

INTERNATIONAL YOGA DAY

List of participants:

SI. No	Name	Registration No.	Name of the Institution
1	Dharshini Priya	TN18SWA628384	Ethiraj college for women
2	R. Monika	TN18SWA628403	Ethiraj college for women
3	Ritika. K	TN18SWA628403	Ethiraj college for women
4	Ammu p	TN19SWA628434	Ethiraj college for women
5	Aparajita Iyengar M	TN19SWA628435	Ethiraj college for women
6	Beulah M	TN19SWA628438	Ethiraj college for women
7	Hemalatha C	TN19SWA628442	Ethiraj college for women
8	Hemamalini S	TN9SWA628444	Ethiraj college for women

9	Leena sharma P	TN19SWA628458	Ethiraj college for women
10	Nikkitha S	TN19SWA628462	Ethiraj college for women

R. Shuttmini

Maj.R.SHANTHINI
NCC / 14310008
ASSOCIATE NCC OFFICER
1(TN) Girls Bn NCC Madras 'A'
Ethiraj College for Women
Chennai - 600 008.

Principal



PARK CLEANING

Date:16/12/2019

Number of Participants:80

The NCC Cadets of Ethiraj College For Women along with Associate NCC Officer Capt. R Shanthini took part in the Swatch Bharat event in June 2019. As a part of the cleanliness drive, the cadets cleaned the Nageshwara Raopark and made it look neat and clean. They also spread awareness about keeping the planet clean, since "CLEAN and GREEN, makes a perfect scene." Maintaining our surroundings and environment clean is one of the basic and important initiatives to be taken. Our NCC cadets took an initiative to clean the May Day Park on 16th December 2019 and segregated the waste into biodegradable and non-biodegradable properties. It is observed that the amount of plastic usage was in abundance and hence was sent to recycling.



PARK CLEANING

List of participants:

SI.	Name	Registration No.	Name of the Institution
No			
1	Cdt Hemamalini S	TN19SWA628444	ETHIRAJ COLLEGE FOR WOMEN
2	Cdt Induleka S	TN19SWA628445	ETHIRAJ COLLEGE FOR WOMEN
3	Cdt Jayalakshmi K	TN19SWA628448	ETHIRAJ COLLEGE FOR WOMEN
4	Cdt Jayalakshmi R	TN19SWA628449	ETHIRAJ COLLEGE FOR WOMEN

5	Cdt Jivitha P	TN19SWA628452	ETHIRAJ COLLEGE FOR WOMEN
6	Cdt Lavanya Sri P	TN19SWA628457	ETHIRAJ COLLEGE FOR WOMEN
7	Cdt Leena Sharma P	TN19SWA628458	ETHIRAJ COLLEGE FOR WOMEN
8	Cdt Nikkitha S	TN19SWA628462	ETHIRAJ COLLEGE FOR WOMEN
9	Cdt Pooja S U	TN19SWA628464	ETHIRAJ COLLEGE FOR WOMEN
10	Cdt Smriti K A	TN19SWA628476	ETHIRAJ COLLEGE FOR WOMEN
11	Cdt Sanjana	TN19SWA628471	ETHIRAJ COLLEGE FOR WOMEN
12	Cdt Rasika M	TN19SWA628470	ETHIRAJ COLLEGE FOR WOMEN
13	Cdt Ramya J	TN19SWA628469	ETHIRAJ COLLEGE FOR WOMEN
14	Cdt Shree Shakthi M	TN19SWA628474	ETHIRAJ COLLEGE FOR WOMEN
15	Cdt Shunmugi V	TN19SWA628475	ETHIRAJ COLLEGE FOR WOMEN
16	Cdt Tamil Bharathi S	TN19SWA628480	ETHIRAJ COLLEGE FOR WOMEN
17	Cdt Teenu B	TN19SWA628481	ETHIRAJ COLLEGE FOR WOMEN
18	Cdt Thanuja G	TN19SWA628482	ETHIRAJ COLLEGE FOR WOMEN
19	Cdt Dhanalakshmi.P	TN19SWA628439	ETHIRAJ COLLEGE FOR WOMEN
20	Cdt Hemalatha C	TN19SWA628442	ETHIRAJ COLLEGE FOR WOMEN

R. Muthini

Maj.R.SHANTHINI

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S. Kothai



DRUG AWARENESS RALLY

Date:26/06/2019

Number of Partcipants:750

The Cadets took part in a drug awareness rally sponsored by the State Police, on 26th June 2019. The rally started from Rajaratnam Stadium, Egmore and ended at Ramada Hotel. The 1km rally was successful in gaining public attention and making them aware of the health hazards caused by drugs.



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Principal

ETHIRAJ COLLEGE FOR WOMEN

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DRUG AWARNESS RALLY

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JAL SHAKTHI ABHIYAN

Date: 31.08.2019

Number of partcipants:100

As a part of the Jal Shakti Abhiyan, the cadets along with Capt. R Shanthini organized an awareness programme related to water conservation and water resource management on 31st August 2019. Mr. Harris Sultan (D.Pharm) was the chief guest for the day and he gave various insights on the necessity and ways to conserve water.



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JAL SHAKTHI ABHIYAN

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16	Cdt Tamil Bharathi S	TN19SWA628480	ETHIRAJ COLLEGE FOR WOMEN

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TRAFFIC AWARENESS PROGRAMME

Date:17.09.2019

Number of participants:100

The Ethiraj NCC company organized a traffic awareness programme, near Spencer Plaza signal on 17th September 2019. This initiative was taken in order to help the traffic police in converting the one way signal into a both way signal, that will help in reducing traffic as well as road accidents.

The event started at 9am and went on till 11am. The cadets made people wear helmets and insisted them to follow traffic signals seriously. The event proved to be successful in facilitating an organized movement of vehicles, due to which there was a tremendous reduction in traffic caused at the signals.



Principal

TRAFFIC AWARENESS PROGRAM

List of participants:

SI.	Name	Registration No.	Name of the Institution
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BIOPHILIA

Date:22.11.2019

Number of Participants:500

Ethiraj NCC Company organized an awareness Programme – "Biophilia" about the overpolluted environment on 22nd November, 2019. The event focused on major environmental issues like harmful effects of plastic, air pollution and drug abuse. Rotarian P. Natarajan and Rotarian R. H. Narendra along with the Rotary President Mr.Suresh, were the main speakers for the day.



S. Lothori Principal ETHIRAJ COLLEGE FOR WOMEN Chennai - 8

BIOPHILIA

List of participants:

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Principal



SWACHHTA PAKHWADA

Date:14.12.2019

Number of Participants:500

On account of swachhta pakhwada, an essay writing competition and a drawing competition was conducted in the college on 14th December 2019.



SWACHHTA PAKHWADA

List of participants:

SI. No	Name	Registration No.	Name of the Institution
1	Dharshini Priya	TN18SWA628384	Ethiraj college for women
2	R. Monika	TN18SWA628403	Ethiraj college for women
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8	Hemamalini S	TN9SWA628444	Ethiraj college for women

na P	TN19SWA628458	Ethiraj college for women
	TN19SWA628462	Ethiraj college for women
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R. Shuthini

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S. Kothai



CAMPUS CLEANING

Date:18/12/2019

Number of Participants:200

As a part of its commitment to social services, Ethiraj College NCC Company took an initiative to clean the Ethiraj College Campus on 18th December 2019.



S. Italiani
Principal

CAMPUS CLEANING

List of participants:

SI.	Name	Registration No.	Name of the Institution
No			4
1	Cdt Hemamalini S	TN19SWA628444	ETHIRAJ COLLEGE FOR WOMEN
2	Cdt Induleka S	TN19SWA628445	ETHIRAJ COLLEGE FOR WOMEN
3	Cdt Jayalakshmi K	TN19SWA628448	ETHIRAJ COLLEGE FOR WOMEN
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16	Cdt Tamil Bharathi S	TN19SWA628480	ETHIRAJ COLLEGE FOR WOMEN
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R. Shuttmin

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S. Kothai



STREET RALLY

Date:19.12.2019

Number of Participants:150

A Street Rally was conducted in order to spread awareness related to the harmful hazards of plastic to the environment, on 19th December 2019.



STREET RALLY

List of participants:

SI.	Name	Registration No.	Name of the Institution
No			
1	Cdt Hemamalini S	TN19SWA628444	ETHIRAJ COLLEGE FOR WOMEN
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S. Kothai



ILAMAI THIRUMBUDHEY

Date:17.01.2020

Number of participants:75

On the occasion of Kaanum Pongal, The Cadets went to an old age home at Old Washermenpet, Chennai, on 17.01.2020 to celebrate the festival, spread cheer love and savor joy, as is it said that Joy is increased by spreading it to others.



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Principal
ETHIRAJ COLLEGE FOR WOMEN
Chennai - 8

ILAMAI THIRUMBUDHEY

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R-Mulhini

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S. Kothani

Principal
ETHIRAD COLLEGE FOR WOMEN
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GROWING WITH CHILDREN

Date:18.01.2020

Number of participants:80

Youth is the future of the Nation." Give the youth a proper Environment, Motivate them and Extend them the support they need. Each one of them has an indefinite source of energy. They will deliver. Keeping this motto in mind, The cadets of Ethiraj NCC Company along with Associate NCC Officer Capt. R. Shanthinicreated an awareness about recycling plastic, Plantation, and cleanliness on 18.01.2020 at Kendriya Vidyalaya CLRI, Adyar, Chennai.



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WALL PAINTING AND HORSE RIDING

Date:08.02.2020 & 09.02.2020

Number of Participants:70

"Art is not what you see, but what you make others see"

Ethiraj NCC Company in collaboration with a non-governmental organization called "Eco-Society" took part in a wall painting event on 08.02.2020 and 09.02.2020. The cadets along with their Associate NCC Officer Captain. R Shanthini showcased their artistic creativity by painting the walls of OFFICERS TRAINING ACADEMY, Chennai. Apart from wall painting, the cadets also learned about the art and practice of horsemanship and horse riding from Major Sridhar. He also gave several insights regarding the importance and benefits of joining the Indian Army while sharing his personal experience of being a part of the defense forces, to motivate the cadets to join Indian Army.



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WALL PAINTING AND HORSE RIDING

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11	Cdt Sanjana	TN19SWA628471	ETHIRAJ COLLEGE FOR WOMEN
12	Cdt Rasika M	TN19SWA628470	ETHIRAJ COLLEGE FOR WOMEN
13	Cdt Ramya J	TN19SWA628469	ETHIRAJ COLLEGE FOR WOMEN
14	Cdt Shree Shakthi M	TN19SWA628474	ETHIRAJ COLLEGE FOR WOMEN
15	Cdt Shunmugi V	TN19SWA628475	ETHIRAJ COLLEGE FOR WOMEN
16	Cdt Tamil Bharathi S	TN19SWA628480	ETHIRAJ COLLEGE FOR WOMEN
1			

R. Shuthini

Maj.R.SHANTHINI

NCC / 14310008

ASSOCIATE NCC OFFICER

1(TN) Girls Bn NCC Madras 'A'

Ethiraj College for Women

Chennai - 600 008.

S. Moras!



Ecothon'20

Date:19.02.2020

Number of Participants:50

Ecothon 2020, an Interdepartmental competition was organized by Enviro Club and NCC on 19 February 2020 to make the students understand and realize the significance of wetlands and recycling of wastes. Students from various departments belonging to both aided and self-supporting streams enthusiastically participated in both Poster competition (Topic: Save Wetlands) and Junk art Competition (Topic: Recycle for Life Cycle).



Principal

ECOTHAN

List of participants:

SI.	Name	Registration No.	Name of the Institution
No			
1	Cdt Hemamalini S	TN19SWA628444	ETHIRAJ COLLEGE FOR WOMEN
2	Cdt Induleka S	TN19SWA628445	ETHIRAJ COLLEGE FOR WOMEN
		TN19SWA628448	ETHIRAJ COLLEGE FOR WOMEN
3	Cdt Jayalakshmi K	**************************************	ETHIRAJ COLLEGE FOR WOMEN
4	Cdt Jayalakshmi R	TN19SWA628449	ETHIRAJ COLLEGE FOR WOMEN

			The section of
5	Cdt Jivitha P	TN19SWA628452	ETHIRAJ COLLEGE FOR WOMEN
6	Cdt Lavanya Sri P	TN19SWA628457	ETHIRAJ COLLEGE FOR WOMEN
7	Cdt Leena Sharma P	TN19SWA628458	ETHIRAJ COLLEGE FOR WOMEN
8	Cdt Nikkitha S	TN19SWA628462	ETHIRAJ COLLEGE FOR WOMEN
9	Cdt Pooja S U	TN19SWA628464	ETHIRAJ COLLEGE FOR WOMEN
	Cdt Smriti K A	TN19SWA628476	ETHIRAJ COLLEGE FOR WOMEN
10		TN19SWA628471	ETHIRAJ COLLEGE FOR WOMEN
11	Cdt Sanjana	TN19SWA628470	ETHIRAJ COLLEGE FOR WOMEN
12	Cdt Rasika M	TN195WA628469	ETHIRAJ COLLEGE FOR WOMEN
13	Cdt Ramya J		
14	Cdt Shree Shakthi M	TN19SWA628474	ETHIRAJ COLLEGE FOR WOMEN
15	Cdt Shunmugi V	TN19SWA628475	ETHIRAJ COLLEGE FOR WOMEN
16	Cdt Tamil Bharathi S	TN19SWA628480	ETHIRAJ COLLEGE FOR WOMEN
10	Cat .a.i.i.		

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